Zoë Mykaela Virtue-Frohberg

goes by Kaela

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Writer and dancer with ten years of training and a background in acting and the stage, now working across performance and arts administration. Senior and Dance major at Brooklyn High School of the Arts, Class of 2027.

EDUCATION

Brooklyn High School of the Arts 2023 – 2027

Dance major; entered as an Acting major. Two hours of movement study each school day.

Europe Study Journey — London & Paris 2025

Selected participant, history department trip. Painting and brass-rubbing workshops, Notre-Dame, architecture and city study.

TRAINING

Mark Morris Dance Center, Fort Greene, Brooklyn 2022 – present

Ballet Level 5 and Pointe Level 1, twice weekly.

Summer Intensive, Mark Morris Dance Center 2024 & 2025

West African, ballet, modern and jazz technique. Two consecutive summers.

The Barrow Group, New York, NY 2024

Acting summer intensive — character development, scene work, and staged performances at the close of the program.

PERFORMANCE

***Empoderadas* — Ballet Hispánico** 2026

Choreographed and performed an original solo; also served as Talent Manager for the production.

What Do You See* and *Dismantle and Grow 2026

Dancer. Brooklyn High School of the Arts, at The Theatre at City Tech.

Medea 2025

Chorus. Brooklyn High School of the Arts Drama Department.

ARTS ADMINISTRATION, LEADERSHIP & WORK

Bloomberg Arts Internship — Ballet Hispánico Summer 2026

Selected for a paid citywide internship placing public high school students inside working arts nonprofits. Served as talent manager, alongside weekly workshops in professional writing, workplace skills and college readiness.

To Be Housed and Clothed — Secretary, Board of Directors 2026 – present

Founding board member of a student-founded 501(c)(3). Prepare the founder for board meetings, keep the minutes and circulate decisions to members; helped build the organization's website. Also collect and launder clothing donations and help get them where they are needed.

NYC Youth Council — Civilian Complaint Review Board 2026 – present

One of a small group of young New Yorkers advising the city on policing and accountability, producing the reels and podcast that carry those conversations to other teenagers.

Adaptive Dance Program, Mark Morris Dance Center 2024 – Spring 2025

Intern. Assisted a weekly class for neurodivergent dancers ages 6–8, helping each dancer find their own way into the movement.

Maple Street School, Brooklyn Summer 2023

Summer intern at the cooperative preschool I attended as a child. Cared for children ages 2–4 through daily activities, arts and crafts, outdoor play, meals and rest.

SKILLS

Creative writing and essays · ballet and pointe · West African, modern and jazz · choreography · acting and scene study · board minutes and meeting preparation · social content and podcast production